

KELLY LEE BENNETT COACHING INC. PRESENTS

SOUL JOURNEY WOMEN'S RETREAT

APRIL 4-12, 2020 - BALI, INDONESIA

SAY YES TO YOURSELF

www.kellyleebennett.com

Kelly@KellyLeeBennett.com

+1 778-363-3839

ARE YOU READY?

If you are wondering what's next for you or want to raise the bar on life or go to the next level in your business or simply want to gift yourself with a beautiful experience this retreat is for you!

Your 9 night stay will be unique in that you'll be located in the best of both worlds. We have the entire property all to ourselves, a secluded cluster of Balinese style bungalows but still right in the heart of the small city of Ubud, the cultural centre of Bali. We can walk everywhere, take a scooter or we have a fabulous driver named Jati who will take us anywhere we want! It will also be extra special as our retreat spans perhaps the most important event in the Balinese calendar. The Spirit Festival it's a huge celebration and I have special surprises lined up.

The focus of this retreat is wellness, cultural experiences, and coaching for goals and a healthy self-care practice. Our days will begin with time for on-site meditation, yoga, and tai chi (group or on your own) followed by a healthy breakfast served at your private bungalow. Private customized laser coaching sessions (10-15 minutes) will build on your individual goal(s) and while we are in Ubud there will also be two group coaching sessions where I will choose the topic for our focus, and I promise it will be fun!

There are a number of cultural and wellness experiences (included) and you'll also have plenty of free time to explore on your own. During the times I've lived in Ubud, I've come to think of it as a second home and I never tire of the seemingly magical "love bubble" that exists there. The gentle nature of the Balinese culture and her people align with a sense of peace and serenity so being focused on wellness is easy. A healthy self-care practice includes lots of fun too and so don't worry there will no shortage of laughter and adventure during our time together.

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SOUL JOURNEY 2020

RETREAT ACTIVITIES

Included in your experience:

- 9 nights' accommodation
- Airport transfers (arrival and departure)
- Daily Breakfast
- Daily Meditation/Yoga/Tai Chi options (on-site)
- Introduction to Balinese Culture and traditions with opportunity for Q&A
- A unique cultural performance
- Sound Healing
- Spa Treatment
- Traditional water blessing
- Coffee Plantation tour
- Regular laser coaching sessions in Bali plus 24 hours/day access to your Coach with two additional hours (one prior to and one after our time in Bali)
- Two group coaching events
- Daily housekeeping services
- Welcome to Bali Swag Bag!
- Plus all kinds of surprises and extra fun

Additional costs to budget for:

- Return Airfare to DPS (Denpasar) from your location & your own travel & medical insurance.
- Lunch & Dinner (Excellent quality off-site meals range in price from approximately \$5/meal to \$25+/meal). Other than breakfast all meals are off-site.
- Spending money - this is completely up to you I know all the best places to shop!

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RATES (USD)

SHARED (2 beds)

\$2126.00 + 5% GST per person (limited supply)

PRIVATE (1 bed)

\$2430.00 + 5% GST per person

PAYMENT OPTION 1

One payment - Pay in full and I will pay the 5% GST!

PAYMENT OPTION 2

Three instalments - GST based on total amount

\$911.00 - Non-refundable deposit (due at time of booking)

\$760.00 - 2nd payment (due Dec 15, 2019)

\$455.00 (shared) | \$760.00 (private) - 3rd payment (due Feb 15, 2020)

payments can be made by e-transfer or by credit card

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RATES (CAD)

SHARED (2 beds)

\$2800.00 + 5% GST per person (limited supply)

PRIVATE (1 bed)

\$3200.00 + 5% GST per person

PAYMENT OPTION 1

One payment - Pay in full and I will pay the 5% GST!

PAYMENT OPTION 2

Three instalments - GST based on total amount

\$1200.00 - Non-refundable deposit (due at time of booking)

\$1000.00 - 2nd payment (due Dec 15, 2019)

\$600.00 (shared) | \$1000.00 (private) - 3rd payment (due Feb 15, 2020)

payments can be made by e-transfer or by credit card

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SOUL JOURNEY

2020

APRIL 2 - 14

BALI IS MAGICAL, THE ENERGY
PROVIDES A SPECIAL KIND OF
MEDICINE AND YOU WILL FEEL
YOUR SOUL SHIFTING WHILE
YOU ARE THERE

- KELLY LEE BENNETT

CONTACT FOR MORE INFO

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